

Mental Health *Matters* Awards

Recognising excellence in mental health

Awards Information

The Mental Health *Matters* Awards are unique awards designed to recognise the achievements of individuals and organisations who have worked to improve understanding, awareness, service provision and the general betterment of the mental health of our community, over the past 12 months (1 August 2009 — 31 July 2010).

The awards acknowledge the high standard and ongoing commitment demonstrated by those involved in innovative and effective programs which address key mental health issues at a local, regional or statewide level. Further, the awards encourage individuals and organisations to continue to strive for excellence in their daily work and to continue to enhance their skills and experience within the mental health field.

Award Winners receive

- a prize of \$1000 for the winner of each award category and an award plaque
- recognition on the Mental Health Association NSW website and in the next Mental Health *Matters* quarterly magazine

The awards will be presented at a special event at NSW Parliament House at the end of Mental Health Month.

Nominations for the Mental Health *Matters* Awards are due by 5pm Friday 20 August.

Award Categories

Please use these definitions to clarify the category in which you wish to make a nomination. Please note: programs, projects or initiatives nominated in each category can target, or have involvement from, a variety of target groups including, but not exclusive to, children and adolescents to seniors, cultural and linguistically diverse groups, rural and remote communities, and Indigenous Australians. Projects utilising the creative arts, sports and recreation are also encouraged to nominate in any category.

How to complete a nomination

1. Complete the nomination form attached
2. Complete a description of the program, project or initiative (up to 300 words)
3. Address the selection criteria for the category nominated in (up to 3 x A4 pages)
4. Include any supporting material (up to 5 x A4 pages). Audio/Visual material is accepted. Note, supporting materials cannot be returned.
5. Mail three copies of your nomination to:

**Mental Health *Matters* Awards
Mental Health Association NSW
Level 5, 80 William St
East Sydney NSW, 2011**

by 5PM FRIDAY 20 AUGUST

Faxed or emailed entries will not be accepted.

Enquiries to: Katrina Davis
t: (02) 9339 6008
e: promoadmin@mentalhealth.asn.au



1. Innovation in Service or Program Delivery Award

recognising ground breaking or innovative mental health related services, programs or initiatives

Selection Criteria

1. Enhances the quality of life and wellbeing of people living with a mental illness
2. Demonstration of innovation in service or program delivery
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)

2. Cross Sector Collaboration Award

recognising mental health related programs, projects or initiatives, planned and implemented by individuals or organisations collaborating or partnering with one or more other individuals or organisations, across different sectors

Selection Criteria

1. Enhances the quality of life and wellbeing of people living with a mental illness
2. Demonstration of enhancement or improvement in service through collaboration/partnerships
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)

3. Research and Evaluation Award

recognising individuals or organisations that have completed groundbreaking mental health related research or evaluations of programs or initiatives, and whose findings have significant implications for the mental health field

Selection Criteria

1. Contributes to an increase in the knowledge base and understanding of mental health issues
2. Plans for dissemination of research or evaluation findings
3. Demonstration of likely significant impact on mental health field

4. Mental Illness Prevention and Early Intervention Award

recognising programs, projects or initiatives that have focused their efforts within mental illness prevention or early intervention

Selection Criteria

1. Contributes to the prevention of and early intervention for mental illness
2. Raises awareness of mental health issues and promotes the reduction of stigma
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)

5. Mental Health Promotion Award

recognising programs, projects or initiatives that have focused their efforts on mental health promotion activities

Selection Criteria

1. Contributes to the promotion of mental health and wellbeing in the community
2. Raises awareness of mental health issues and promotes the reduction of stigma of ill-health
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)



6. Media

recognising individuals or organisations who have produced thoughtful, interesting and responsibly written mental health-related media articles, reports or programs

Selection Criteria

1. Raises awareness of mental health issues in the community
2. Promotes a positive attitude towards people living with mental illness, their family and/or carers
3. Evidence story is well researched, balanced and factually accurate and well received by the community
4. A copy or transcript of article, report or program

7. Indigenous Mental Health Award

recognising programs, projects or initiatives, planned and implemented by individuals or organisations whose key aims are to foster the mental health of Aboriginal or Torres Strait Islander communities

Selection Criteria

1. Improves quality of life and wellbeing of Indigenous Australians living in NSW
2. Raises awareness of mental health issues and promotes the reduction of stigma within Indigenous communities
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)

8. Carer Involvement and Engagement Award

recognising mental health-related programs, projects or initiatives, with demonstrated benefits for carers

Selection Criteria

1. Improves quality of life, support and services for people caring for someone with a mental illness
2. Raises awareness about mental health issues for individuals, families and/or their carers
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)

9. Consumer Involvement and Engagement Award

recognising mental health related programs, projects or initiatives, with demonstrated benefits for consumers

Selection Criteria

1. Improves quality of life, support and services for people living with a mental illness
2. Raises awareness about mental health issues for individuals, families and/or their carers
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)

10. Culturally and Linguistically Diverse (CALD) Communities Award

recognising programs, projects or initiatives, planned and implemented by individuals or organisations whose key aims are to improve the mental health and wellbeing of CALD communities

Selection Criteria

1. Improves access to mental health information/ services for CALD communities living in NSW
2. Demonstration of innovation in service or program delivery
3. Evidence of service or program effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.)



Mental Health *Matters* Awards

Nomination Form

Program, Project or Initiative Nominated:		
Name of Organisation or Individual(s) Nominated:		
Nominee Contact Person:		
Position:	Organisation:	
Postal Address:		
Phone:	Mobile:	Email:
Category nominated (please tick one category only)		
<i>Please address specific selection criteria of category selected in a separate document</i>		
<input type="checkbox"/> 1. Innovation in Service or Program Delivery	<input type="checkbox"/> 6. Media	
<input type="checkbox"/> 2. Cross Sector Collaboration	<input type="checkbox"/> 7. Indigenous Mental Health	
<input type="checkbox"/> 3. Research and Evaluation	<input type="checkbox"/> 8. Carer Involvement and Engagement	
<input type="checkbox"/> 4. Mental Illness Prevention and Early Intervention	<input type="checkbox"/> 9. Consumer Involvement and Engagement	
<input type="checkbox"/> 5. Mental Health Promotion	<input type="checkbox"/> 10. Culturally and Linguistically Diverse Communities	
Nominator Name:		
Organisation:		
Position:		
Postal Address:		
Phone:	Mobile:	Email:
If the program, project or initiative you have nominated wins an award, please write below the wording of the award winner as it should appear on the plaque or certificate:		
Signature of nominator:		
Signature of nominee:		
I _____ give permission to be contacted by the media if I win an award <small>(nominee contact person)</small>		

Please mail 3 copies of your completed nomination form by 5pm Friday 20 August 2010



Mental Health *Matters* Awards

Nomination Form

Terms and conditions

Award Content

- The awards shall be known as "The Mental Health *Matters* Awards."
- Award recipients in each category will receive a \$1000 cash prize and award plaque.
- The monetary awards are to support the continuation and development of the program, project or initiative.
- The award recipients will be announced at a special event at NSW Parliament House during Mental Health Month.

Eligibility

- An award may only be granted to persons and organisations located in NSW although it is appreciated that some programs may also have national significance and have national and interstate branches or affiliations.
- An award may not be given to an individual who is a member of the Board, or a Standing Committee or Branch Delegate to the Board, or to Mental Health Association NSW staff.
- The decision to grant an award excludes voting by any of the above individuals should an organisation in which they have a direct involvement be nominated.
- Previous award and certificate winners are not eligible for three years unless there is a significant change or development.
- Nominations may be accepted from members of the Mental Health Association NSW and other interested people/organisations.

Nomination

- Individuals or organisations may only be nominated for one award category per year.
- Individuals or organisations may nominate themselves for an award.

Judging

- Successful nominees may be granted an award on the basis of the defined categories and if their initiative is in accordance with the aims of the Mental Health Association NSW i.e. to promote and protect mental health and to prevent mental illness.
- Awards may not always be granted in every category, in every year.
- Certificates of commendation may be awarded.
- An independent panel nominated by the MHA NSW Board will select award winners. Their decisions are final.

Checklist for nominators

- I have completed the nomination form
- I have described initiative (in up to 300 words) and addressed the selection criteria (in up to 3 x A4 pages)
- I have provided any additional relevant supporting material (up to 5 x A4 pages)
- I have enclosed three copies of my nomination.

